



Share & Learn
Healthy Together Now.... Path to Prevention
Nov. 27 & 28, 2013

We are coming together with a purpose in mind, through Share & Learn we hope to:

- Build on the experiences and wisdom of each other
- Learn more about strengthening our initiatives
- Learn more about resiliency for ourselves, our families and our communities
- Discover tips and techniques to weave mental well being into our HTN projects

Weds. Nov. 27 * *Note all sessions are in the Greenwood Ballroom unless otherwise noted*

8:00	Breakfast & Registration			
9:00	Welcome & opening remarks		Honourable Minister Blady, Healthy Living and Seniors	
9:10	Purpose of gathering & what we hope to achieve		Betty Kozak & Bruce Krentz	
9:30	Keynote – Prevention vs. Cure: Healthcare’s David and Goliath?		Dr. Sandra Allison	
10:15	Activity Path & Break		Lynn Watkins & Tara Smith	
10:45	Telling Our Stories (Story Stations) 15 mins. per station			
	Story 1 - Greenwood Ballroom Time Of My Life – Shelley Caskey, Portage La Prairie		Story 2 - Greenwood Ballroom Fruit Share – Brandon - Teri Nicholson & Tannis Brown-Birch, Brandon	
	Story 3 - Maple Leaf A Grow to Give - Russ Dirks, Kate Giesbrecht & Ally Bertholet, Landmark		Story 4 - Maple Leaf B Kleefeld Community Youth Project Brian Hildebrand, Peter Ascough & Irene Ascough, Kleefeld	
	Story 5 – Spruce Seven Oaks Community Gardens - Angie Dawson and Brian Marshall – Seven Oaks, Wpg			
12:00	Lunch			
1:00	Concurrent Sessions			
	<i>Greenwood Ballroom</i>	<i>Maple Leaf A Room</i>	<i>Maple Leaf B Room</i>	<i>Spruce Room</i>
	The Amazing Chase – A Geocaching Adventure - Bonnie Michaudville	#* > % + ? Translating Data to Action - Tannis Erickson & Grant McManes	Beyond Cool – Youth & Tobacco in Hanover School Division - Angela Stoesz, Corinne Thiessen, Irene Ascough	After The Smoke Clears: Sustaining Student Led Tobacco Prevention & Cessation Initiatives - S.W.A.T. Team: Josh Lawson, Tatym Stenberg, Lacey Finnbogason, Shailee Essery & Jeff Kaptian
2:15	Activity Path & Break			
2:45 - 3:45	Concurrent Sessions			
	<i>Maple Leaf A Room</i>	<i>Maple Leaf B Room</i>	<i>Spruce Room</i>	
	Fork in the Road Bike Shop – Matt Baker, Lynn Watkins & Bruce Krentz	wE-VALUe-A-TON - Bohdanna Kinasevych & Anna Weier	Are we winning with the “Biggest Loser”? - Lindsey Mazur	

Each workshop will adjourn separately

*Supported by Manitoba Healthy Living and Seniors



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Thurs. Nov. 28 * *Note all sessions are in the Greenwood Ballroom unless otherwise noted*

8:00	Breakfast & Registration		
9:00	Welcome and day's goals		Betty & Bruce
9:15	Keynote – Personal Resiliency In Challenging Times		Dick O'Brien
10:45	Activity Path & Break		
11:00	Telling our Stories (Story Stations) 15 mins. per station		
	Story 6 - Greenwood Ballroom Colour Your World – James Wigley, Swan River		Story 7 - Greenwood Ballroom Healthy Living at Gillis School Jody Wielgosh, Tyndall
	Story 8 - Maple Leaf A The Stick Curling Discovery: Everyone Can PLAY - Angela Wiebe, Morris		Story 9 - Maple Leaf B Rubber Chickens and a Spatula - Bonnie Michaudville, Hamiota
	Story 10 – Spruce A.L.S.O. Active Living Seven Oaks - Cory Juan, Seven Oaks Wpg.		
12:00	Lunch		
12:45 - 1:45	Concurrent sessions		
	<i>Maple Leaf A Room</i>	<i>Maple Leaf B Room</i>	<i>Spruce Room</i>
	Youth Leadership Training: It works in the Northern Health Region - Project Team: Elsie Cooper, Deanna Johnson, Lia Marin, Don Gamache, & Tanis Campbell	Connecting People through Food: Brandon, Morden & Winkler Experiences - Ramona Nash, Melissa Warkentin, Erin Neufeld, Anita Hiebert & Nancy McPherson	Adaptive People and Resilient Communities: Helping Others on the Journey of Life - Dick O'Brien
1:45 - 2:00	<i>Break /pick up coffee & go</i>		
2:00 - 3:00	Concurrent sessions		
	<i>Maple Leaf A Room</i>	<i>Maple Leaf B Room</i>	<i>Spruce Room</i>
	Vegetables & Fruit: So Many Choices - Maxine Meadows	Building on the Strengths of Youth: the Rec and Read Program - Joannie Halas & Heather McRae	Adaptive People and Resilient Communities: Helping Others on the Journey of Life - Dick O'Brien (repeat session)
3:00 - 3:30	Bringing it home – tying it all together		<i>Dick O'Brien</i>
	Evaluation & Closing		Betty & Bruce

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