

## Lentil Granola Bars

Makes 24 bars

### **Ingredients:**

- 2/3 cup shredded coconut
- 2 cups quick-cooking rolled oats
- 1 cup brown sugar, lightly packed
- ½ cup pellet-like bran cereal
- ½ tsp cinnamon
- ¾ cup lentil puree
- ½ cup canola oil
- 1 egg, beaten
- ½ tsp vanilla extract
- ½ cup semi sweet chocolate chips

### **Directions:**

1. Place rack in centre of oven. Preheat to 350 F (180 C).
2. In medium bowl, mix coconuts, oats, brown sugar, bran cereal and cinnamon.
3. Add lentil puree, oil, egg, vanilla and chocolate chips. Mix until dry ingredients are just moistened.
4. Spread over a 10 ½ x 16 (25x40) nonstick baking dish. Bake 30 minutes, or until lightly browned.