



Gardening Workshop Series

Target Risk Factor:

Healthy Eating

Target Population:

All age groups

Project Leads:

Heather Jordan and Tara Common

Community:

Brandon

RHA:

Brandon

Project Partners:

Healthy Brandon Eating Well, Brandon Community Garden Network, Brandon Neighbourhood Renewal Coop., Brandon Friendship Centre

Project Details:

Multiple event or ongoing project

Description:

We are in the process of offering 12-13 gardening workshops over the gardening season. The workshops are facilitated by various community members who have knowledge in the given area. The workshops are located either in the garden or in a community location.

Time:

We started to plan the workshops in February for the first one to start at the end of March. The final workshop is planned for September. The workshops are 1.5 to 2 hours long and usually start at 6:30pm.

Objectives:

We wanted to teach people how to garden throughout the season so we started with gardening 101 and improving soil before moving on to spring preservation, garden fitness, and then summer and fall preservation.

Planning Supports:

There had been a few gardening workshops done in Brandon in the past so we used information from them to develop the workshop series.

Results:

Gardening 101:	40 participants
Intro to Organics:	35 participants
Compost Crawl:	40 participants
Improving Soil:	30 participants
Preserving Spring:	13 participants

What worked:

- The time (6:30pm seems to work well in our community)
- We have many new gardeners in our community gardens this year so there is lots of interest in our community.
- The garden coordinator is an intern position for 9 months so she has been able to dedicate a fair bit of time to this project.

What didn't work and any changes made:

In the future, we will take pre-registration for the preserving workshops so we know how many people will be attending.

Unexpected Outcomes:

- The number of participants was quite unexpected
- The support and in kind donations from the presenters and facilities

Resources**Volunteers:**

All of the presenters are local volunteers

Facilities:

The Green Spot, City of Brandon and the Friendship Centre all donated their facility free of charge.

Equipment:

We purchase some canning jars and a few ingredients. Some of the equipment and ingredients for preserving were donated.

Total Costs:

\$600 (\$300 for materials etc; \$300 for honorarium gift certificate for presenters)

Materials developed for program:

[Workshop series table](#). This contains the individuals workshops, who is presenting, as well as the location and dates of the workshop.

Contact Information:

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