

## **CDPI Connections e-bulletin**

**To: CDPI Executive & Regional Leads & Facilitators;**

**From:** Betty Kozak, CDPI Training Coordinator 476-7843 or 476-0467 cell [bkozak@arha.ca](mailto:bkozak@arha.ca)

**Purpose:** to provide a short, concise update regarding CDPI Training events, dates and related information.

### **Important dates to know:**

For your calendar please note the following CDPI Reporting Dates:

May 1<sup>st</sup>, 2009 for Year end reports for 2008-09

May 1<sup>st</sup>, 2009 for Community Action Plans for 2009 – 2010

May 1<sup>st</sup>, 2009 a brief narrative report on the implementation of the 2008-09 Training Plans

Nov. 1<sup>st</sup>, 2009 for 6 month Monitoring forms (Apr. 1- Sept. 30 2009)

**Please call or email if you would like a template to use for your training plan reports**

- thanks everyone!

### **Share & Learn 2009!**

Based on the December Share & Learn evaluations, the Training Committee has recommended a 2009 Share & Learn be planned for early November. Please mark you calendar for 2 days the first week of November 2009, either the Tuesday & Wednesday (Nov. 3 & 4) **or** the Wednesday & Thursday (Nov. 4 & 5) of that week. We will be extending an invitation out to regions and CDPI communities to participate in Share & Learn - Please stay tuned for more information as details are finalized.

### **Communication Package update:**

The complete package is up on the Health in Common website, [www.healthincommon.ca](http://www.healthincommon.ca) including all the communication templates & “how to” pages are going to be posted as part of the CDPI section of their website. The Manitoba stories are set up so you can open them by individual community; either read or just print off the community that you are interested in. Be sure to share with a friend or two! Use them for program ideas. Also, we are pleased to announce as part of the second round of the CPDI communication package we have been able to provide a DVD version of the slide shows “Why Prevention” & “Manitoba Celebration” - so you can play them in a DVD player as a continuous loop for use in clinics, bingo halls or other community settings. All the templates & slide shows are still available on the CD included in the package.

### **“What’s in your lunch?” Display Boards Update**

Exciting news; the “what’s in your lunch?” display boards, the provincial order has gone to the printer so the display boards should be out to the regions by the end of March or early April!! Many thanks to the Interlake RHA Health Promotion Team and their CDPI Partners for all the great work that they have done. Leana Smith, and her team have identified a way to track who is purchasing the boards in order to provide updates for the boards as food products and labels don’t remain constant in the marketplace. We will explore the French translation process when the final English text is finalized.

**An update about Tobacco** - The Training Committee is meeting face to face April 21st in Winnipeg, with the primary focus of that meeting being tobacco and how we can support our CDPI Communities and to build momentum in the areas of tobacco prevention and cessation for 2009 and onward. Our Manitoba tobacco partners have also been invited to be part of the discussion. Please stay tuned for updates!

**North East RHA**

North East RHA is hosting Our Health...., Our Communities ... Our Future ... their CDPI Conference - highlighting youth in the communities of Beausejour-Brokenhead & Iron Rose Weds. April 29, 2009. Please see the attachments for more information.

**Burntwood RHA**

Congratulations to Lynn Watkins and the Burntwood RHA for hosting their 4th annual CDPI Pathways to Healthy Living CDPI Conference March 3 & 4th. Making linkages with the Northern Healthy Foods Initiative and learning new skills in participatory video taping and photography were some of the high lights from the conference. Congratulations all!

**RHA - Central**

RHA - Central and community partners is hosting it's 11th annual Healthy Communities Conference " it takes a *Village to build an Age Friendly Community* Friday April 24th. Please see the attachments for more details.

**Towards Evidence Informed Practice, Canadian Cancer Society, Knowledge Exchange Network  
An Update from Laura Plett ....**

I am happy to announce that the PHAC funding for the joint project Towards Evidence Informed Practice (TEIP) is now in place. A core of Master Trainers will be trained in program assessment and program evaluation, and in finding and using evidence in decision making. RHAs are encouraged to contact Laura Plett at the Canadian Cancer Society, Knowledge Exchange Network for training in any one of the three areas mentioned. The purpose of the project is to build capacity in program planning, evaluation and the use of evidence. Laura's contact information: CCS KEN - [lplett@mb.cancer.ca](mailto:lplett@mb.cancer.ca) or 1-888-532-6982.

**YouTube**—if you haven't had a chance to check it out yet—Kerrie Wilson's CDPI Video is still posted on "YouTube" – you need to search by "Kerrie Wilson Hamiota" – thank -you to Kerrie for being so willing to share!

**Breast Cancer Networks:** Through an invitation; I presented the "Healthy Together Now" CDPI communication toolkit to women connected through cancer and who also are representatives of provincial Breast Cancer Networks March 6th, in Winnipeg. The focus for their 2 day meeting was community capacity building and knowledge exchange.

**Healthy Living Magazine:** This full colour 12pg magazine (blue & bright green 8.5 x 11) is available by emailing Betty Kozak [bkozak@arha.ca](mailto:bkozak@arha.ca). I have lots of magazines on hand, so if you need some, don't hesitate to ask!!

**Happy Easter Everyone!**

If you have questions, suggestions or comments please call:  
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**Healthy Together Now**