

CDPI Connections

Chronic Disease Prevention Initiative

"COMMUNITY LED, REGIONALLY COORDINATED & GOVERNMENT SUPPORTED"

June 23, 2008

To: CDPI Executive & Regional Leads & Facilitators;

From: Betty Kozak, CDPI Training Coordinator

476-7843 or 476-0467 cell bkozak@arha.ca

Purpose: to provide a short, concise update regarding CDPI Training events, dates and related information.

CDPI Regional Training Plans:

A quick note regarding reporting for regional training plans; I have submitted a proposed reporting template for consideration (approx. May) I am waiting for feedback – I will send the template out to everyone when it finalized.

CDPI Training Committee:

Based on the identified priorities and the collective work of the Share & Learn group (Feb 21 & 22) and numerous discussions; a Training Committee workplan (including budget) was presented to JMC June 9th. The training workplan and budget was approved. Thank-you to Cheryl Pearson, Lynn Watkins, Don Gamache and Tanis Campbell for your assistance with development of the workplan – much appreciated! Notice about activities & events will be coming out – I will try to do that in a consistent way so to reduce duplication & confusion! If you have ideas about how the best way to receive information please let me know – all ideas welcome.

Part of the training workplan is dedicated to putting together a communication toolkit for communities to use. One portion of the communication toolkit is about the gathering of CDPI stories, (approx. 500 words) via a telephone interview. I will need to ask for community contacts from your region so that our writer can start on that process soon. I would like to send a letter or email introducing the writer in advance of the phone call so that communities know who she is & why she is calling. Please realize that this is preliminary information – more details will be following as available. We have recently formed a communications working group to focus on designing a toolkit that will be relevant for community and to provide direction as we work with a communications group. Our working group is Nancy McPherson, Cheryl Pearson, Don Gamache, Cathy Steven and Jaymi Derrett.

In the area of Risk Factor/Chronic Disease training workshops, the Training Committee had a lengthy discussion about how to maximize the Not on Tobacco (NOT) training opportunity that is being offered by Manitoba Lung Association Sept 23 & 24th in Winnipeg. Manitoba Lung has graciously connected with us about this training. One of the challenges identified is the ability to respond to this opportunity and how we could build capacity within the Regions. One suggestion discussed was the possibility of supporting 2 or 3 people to be trained followed by providing NOT training in a “neighbouring region” – obviously no decisions made – lots of details to explore! Please stay tuned for further information.

Important dates for your Calendar:

- ★ **Dec. 1 & 2 or 2 & 3rd, 2008** – 2 day Provincial Share & Learn session; Location; Winnipeg. The event will follow a similar process as February 2008. Along with the Share & Learn day, other topics being considered are a summary of Community Capacity Building tool evaluation process, and a training/information session about Community Development. All thoughts & suggestions are welcome.

For those of you involved in both Health Promotion & CDPI, please block off your calendars for all three days as either Dec. 1st **or** Dec 3rd will be a day dedicated to the Core Competencies for Health Promoters. We wanted to find an event that would connect groups and reduce travel costs!

CDPI Evaluation:

Health in Common (formerly Manitoba Healthy Living Resource Clearinghouse) has been asked by Manitoba Health and Healthy Living to implement the evaluation of CDPI across the province using the Community Capacity Building Tool (CCBT). CCBT is a community evaluation process developed by the Public Health Agency of Canada. The purpose of the evaluation is to allow communities an opportunity to reflect on their capacity building with regard to CDPI implementation to date. The tool provides guidelines and measurement as a road map to evaluate community capacity building and allows community members to reflect on their work beyond counting activities and attendees. The tool has been used in Parkland, Central, and NOR-MAN RHAs.

Health in Common will deliver training to community liaisons &/or facilitators &/or champions on the use of the tool. Communities in consultation with RHAs and Health in Common will have until mid November to facilitate the tool in their region and submit completed CCBT forms to Health in Common. For more information contact Mike Tutthill at mtutthill@healthincommon.ca or call 949-2002.

If you have questions, suggestions or comments please call:

Betty Kozak, CDPI Training Coordinator; 476-7843 or 476-0467 (cell)
bkozak@arha.ca