

To: CDPI Community of Practice

From: Betty Kozak, CDPI Training Coordinator 476-7843 or 476-0467 cell
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Purpose: to provide a short, concise update regarding CDPI Training events, dates and related information

Reporting Deadlines:

The following reports are needed for CDPI 2009-10 year end reporting:

- ★ A brief narrative report on the implementation of the 2009/10 regional training plan;
- ★ the CDPI Community Monitoring forms for October 1, 2009 to March 31, 2010; and
- ★ Submission of 2010-11 Community Action Plans (CAP). The Community Action Plans will be reviewed by the CDPI Joint Management Committee in June 2010.
- ★ As May 3, 2010 is the due date for the above reports to be into Manitoba Health; we would appreciate having these items into the Neepawa office by Monday April 26 so we can prepare the packages for Mb Health. Please send your CDPI reports to Betty Kozak @ bkozak@arha.ca or Jody Gilmore jgilmore@arha.ca Thank-you!

It is anticipated that regional allocations (funding) for implementation of 2010/11 CDPI plans will be sent to regions in August 2010

Share & Learn

- The CDPI Share & Learn: *Believe it! Achieve it! Sustain it!* Nov. 4 & 5 was a resounding success! Attendance was up significantly from last year at 108 registrants for conference and 50 registrants for the Community Development pre-conference workshop. The evaluations rated the conference quite high overall. Some common themes emerged which will be used to inform the working group that is looking at the next steps for CDPI.
- Themes that emerged were:
 - ★ respect the community led approach
 - ★ use a variety of media formats and methods to promote CDPI
 - ★ simplify reporting
 - ★ support with funding and resources
 - ★ continue to build skills and grow leaders in all age groups
 - ★ be flexible
 - ★ support action across community partners and sectors

Blue Light Project:



Be sure to check out the Blue Light Project Section on the Manitoba Lung Association website www.mb.lung.ca for how communities are organizing their Blue Light Projects. Congratulations to Brandon for their successful launch – please see the attached Wheat City Journal article for more information about Brandon’s project.

Lungs are for Life Master Training:

Plan to attend the Lungs are for Life Master Training led by Jo- Anne Douglas of Manitoba Lung Association **Thursday, March 18** 10:00 a.m. to 3:00 p.m. at the Canadian Cancer Society Boardroom, 193 Sherbrook Street, Winnipeg. For more information please see the two attachments with this newsletter. To register call or email Jody Gilmore at 476-7841 or jgilmore@arha.ca

A **huge thank you** to all the community members, and regional staff that are taking part in the various components of the overall provincial CDPI evaluation! Your feedback will help inform the future direction of Chronic Disease Prevention.

Announcements:

Upcoming regional CDPI conferences

- ★ Pathways to Healthy Living – Feb 23- 25 in Thompson, hosted by Burntwood RHA
- ★ March 23rd – Parkland RHA
- ★ Come Dine for Project Ideas – second helping anyone? - March 24th in Rivers hosted by Assiniboine RHA

Coming events:

Breaking the Connection- Nicotine Dependence in 2010 – Please hold the dates of April 14 & 15, 2010 - Conference for health professionals, community activists, and others working to combat nicotine dependence and other tobacco-related disease. Guest Speaker is Dr. Charles Els, Addiction Psychiatrist. For more information, please contact Erin Hunt at 578-4207 at Brandon RHA.